INCATERN LTD BARRINGTON FARM DAY SERVICE CENTRE

Barrington Farm is a unique independent day services centre for adults with learning difficulties who may also have other complex physical, mental health or age related needs. We are based at Walcott on the North Norfolk coast. Most activities are housed in a large converted Georgian red brick barn set in well kept grounds next to a small working farm.

Barrington Farm is operated by Incatern Ltd and is situated adjacent to The Rookery Residential Care Home managed by Incatern's parent company Janith Homes Ltd.

Please visit our website on www.barringtonfarm.com

Aims and Philosophy

Barrington Farm aims to provide its service user with a structured programme of activities designed to motivate and develop personal skills and abilities in a comfortable, relaxed and supportive environment. Staff will preserve and maintain respect and individuality for all service users and in so doing will be sensitive to the individuals needs.

Summary

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Opening times

Full Dav:

Monday to Friday, from 1000 until 1700

Half Day:

1000 to 1300 1400 to 1700

We may be able to accommodate hourly sessions if required by prior arrangement.

The centre is closed for bank holidays and the Christmas and New Year Period

Facilities and Activities

- Art centre including mixed media and textiles
- Rare breeds farm
- Sensory Room
- Café and social area
- Gym with regular fitness groups
- Cinema / DVDs
- Computer with games
- Supervised Internet access

- Pool room
- Offices
- Toilets
- BBQ & Picnic areas
- Gardens
- Lake
- Car park
- Organised outings e.g. Art Projects and Gallery visits, Sea fishing.

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The Art Centre

The focal point of our daily activities is our fully equipped arts centre. This unique studio offers a wide range of media associated with the visual arts. The studio is staffed by practicing artists whose role is to facilitate and assist rather than to teach or instruct.

Activities include:

- Painting
- Drawing
- Textiles
- Paper making
- Printmaking

- Sculpture
- Wood work
- Life Drawing
- Puppet making

The Farm

Our working rare breeds' farm is a major activity on site. It provides the opportunity to learn how to care for animals while working as part of a team. This provides the background for nurturing individual development in interaction, teamwork, trust and understanding of others within the group. It also offers the potential of integrating into work placements for service users who need to progress in the future.

Barrington Farm offers 20 acres of paddocks and lawns. As well as the working farm, we offer large areas and pathways which are great for walks and games. On warmer days people who use our service can enjoy use of the BBQ, picnic area and a variety of outdoor seating.

Activities include:

- · Bottle feeding lambs around March and April
- · Farm trail with egg collecting
- Feeding animals on a daily basis
- Assisting staff to care for the animals
- · Looking after the pasture land
- Helping with shearing
- · Logging wood for the boilers
- Walks and games on the lawns
- Barbeques and picnics on warmer days
- Hatchery

The Gym and Café

The Gym is a versatile space that is used daily for a variety of indoor activities. The walls are decorated with artworks made in the art centre by service users, making it a very colourful and welcoming environment.

Activities include:

- Fitness classes
- Table tennis
- Pool
- Discos
- Music and entertainment
- Play station

- Main meeting point at the start of the day and dining room at lunchtime
- · Educational activities
- Surround sound cinema
- Films and DVD's

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Sensory Room

'The Cuppitman Centre' houses our sensory facility. Great care has been taken to provide a facility that enhances the experience of sight, sound, touch and smell. A ceiling hoist enables everyone to access the equipment in all areas of the room and a Porch provides separate entry with toilet and changing facilities. The design of the room allows users to choose their own selection of activities which can be very soothing and peaceful or vibrant and lively.

Activities and Equipment include:

- Bubble Tube
- Musical Water Bed
- Vibrating Chair
- Soft flooring and cushioned seating areas
- Mirror Ball
- Video Projection Wall with different themes
- Laser Sky Projectors
- UV Lighting Wands and Matting
- Aroma Panel
- Music surround sound

- Interactive hand held equipment
- Shimmering moveable curtain
- Talking Cube
- Universal Remote Control
- Circles colour changing carpet
- Mirror panel
- Wi-Fi LED Spotlight
- Colour Match Panel
- Disco lighting
- Dance Mat

Staffing

The dedicated, trained and experienced staff team mentor individuals using a person centred approach to enable service users to enjoy the type of activity they choose. We encourage and support people throughout the day and adapt the daily programme of events and outings to suit people's needs and interests.

Many of our staff are trained and experienced in their field of expertise i.e. animal husbandry, art degrees, specialist communication, care qualifications together with mandatory training. Some staff hold accredited training to administer medication if required.

Fees and charges

Day Service:

Full Day £54.90 +VAT Half Day £32.87 +VAT

We may be able to accommodate the following sessions:

2 hours £ 23.88 + VAT 1 hour £ 13.27 + VAT

We may be able to provide 1-1 staffing at: £12.62 + VAT per hour for 1:1 staffing or

£22.36 + VAT per hour/part thereof for 1:1 personal care

Sensory Room:

£12.25 inc VAT per person per hour for an individual session £8.00 inc VAT per person per hour for a shared session (up to four people).

Transport and entry fees for off-site activities and outings are not included in our rates and will be charged individually at the time if a service user wishes to participate.

Incatern Ltd / Service User Guide – April 2018