

INCATERN LTD

BARRINGTON FARM DAY SERVICE CENTRE

SERVICE USER GUIDE

Barrington Farm is a unique independent day services centre for adults with learning difficulties based at Walcott on the North Norfolk coast. The main building is a large sensitively converted Georgian red brick barn set in well kept grounds next to a small working farm.

Barrington Farm is operated by Incatern Ltd and is situated adjacent to The Rookery Residential Care Home managed by Incatern's parent company Janith Homes Ltd. It was founded in 1988 by the present owner whose vision to provide a stimulating environment for Janith Homes' service users and other individuals from the surrounding area has been successfully developed over the years.

Please visit our website on www.barringtonfarm.com

Aims and Philosophy

Barrington Farm aims to provide its service user with a structured programme of activities designed to motivate and develop personal skills and abilities in a comfortable, relaxed and supportive environment.

Staff will preserve and maintain respect and individuality for all service users and in so doing will be sensitive to the individuals needs. Such needs may be medical/therapeutic (for physical and mental welfare), cultural, psychological, spiritual, emotional and social, and people who use our services participate in the development of their Person Centred Care Plans in which the involvement of family may be appropriate and is greatly valued.

Summary of Statement of Purpose

- Aims and Philosophies
- Opening times and fees
- Facilities and Activities
- The Art Centre
- The Farm
- The Gym and Cafe
- Staffing
- Complaints

Opening times and fees

The centre is open Monday to Friday, from 10am until 5pm throughout the year (closed Christmas week) and caters for a wide range of activities and interests.

The basic fee for a full day is £35 plus Value Added Tax. Special needs and additional support can be negotiated at extra cost.

BARRINGTON FARM DAY SERVICE CENTRE

Facilities and Activities

- Art centre & textile room
- Rare breeds farm
- Café and social area
- Gym with regular fitness groups
- Cinema / DVDs
- Computer with games
- Supervised Internet access
- Pool room
- Kitchen
- Sensory room
- Offices
- Toilets
- Learning Room
- BBQ & Picnic areas
- Gardens
- Lake
- Car park
- Access to horse riding, sea & lake fishing

The Art Centre

The focal point of our daily activities is our fully equipped arts centre, fondly known as the “Art Barn”. This is where we specialise in enabling people of all abilities to express themselves and find a voice through their creativity; the artistic energy is portrayed vibrantly throughout the centre inspiring service user and visitor alike.

This unique studio offers a wide range of media associated with the visual arts. The studio is staffed by practicing artists whose role is to facilitate and assist rather than to teach or instruct. Through this philosophy of non-intervention and by encouraging and nurturing individual talents the centre enables each artist to make their own creative decisions and explore their emotive responses to their chosen materials.

Activities include:

- Painting
- Drawing
- Textiles
- Paper making
- Printmaking
- Puppet making
- Sculpture
- Wood work
- Life Drawing

The Farm

Our working rare breeds’ farm is another major activity on site. It has been developed to give easy access to all areas enabling service users to enjoy working with the friendly animals or to relax by the lake. It provides the opportunity to learn how to care for animals.

There are usually lambs that need bottle feeding around March and April and a farm trail with egg collecting and feeding animals on a daily basis. While working as part of a team this provides the background for nurturing individual development in interaction, trust and understanding of others within the group. It also offers the potential of integrating into work placements for service users who need to progress

INCATERN LTD

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in the future. The need for one to one nurturing to enable less able individuals to become actively involved in specific tasks have proved a successful introduction into finding their niche.

Barrington Farm offers acres of paddocks and lawn. As well as the farm, it benefits from a large lawn area which is great for walks and games. On warmer days people who use our service can enjoy use of the BBQ, picnic area and various outdoor seating.

The Gym and Café

The Gym is a versatile space that is used daily for a variety of indoor activities such as fitness classes, table tennis, discos, music and entertainment. It is the main meeting point at the start of the day and becomes a dining room at lunchtime. The walls are decorated with artworks made in the art centre by service users, making it a very colourful and welcoming environment. The latest attraction is our state-of-the-art, surround sound cinema installation. This incorporates a CD, DVD and Video player, and offers service users the facility to bring in their own games console e.g. Playstation to play on large retractable screen.

Just next to the gym is a separate room with a pool table for break time games. This room also has individual lockers for personal items and a toilet.

The café is open at break times for people to enjoy a hot or cold drink and snack. The social area provides comfortable seating and is a great place to meet friends and catch up on all the news. Social events are regularly organised in the gym e.g. Keep fit, Table tennis, Discos and films etc.

Staffing

The dedicated staff team mentor individuals using a “person centred approach” to enable service users to enjoy the type of activity they choose. We encourage and support people throughout the day and adapt the daily programme of events and outings to suit people’s needs and interests.

Many of our staff are trained and experienced in their field of expertise i.e. animal husbandry, art degrees, specialist communication, care qualifications together with mandatory training. We are not registered to provide intimate personal care; staff support service users if they have needs of this nature and hold accredited training to administer medication.

Complaints

If as a service user, relative or visitor, you feel that there is cause for complaint, you should first discuss the matter with the person in charge. If the matter is, in your opinion, a serious one, or if you remain dissatisfied, you can record the complaint as per the complaints procedure, which is available from the office or senior staff. A full investigation will be made into the complaint and you will be advised of the results as soon as possible.

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BARRINGTON FARM DAY SERVICE CENTRE

If after this investigation you are still not satisfied, or if you feel that the complaint is of a serious nature and you wish to speak to a Customer Services Advisor, then you should contact Norfolk County Council. Details of how to contact the authority are shown below.

At anytime you can, with confidence, make a complaint. Linda Jenkins or Martin Bastow will try to resolve any concerns you may have and take you through the complaints procedure. You can also make your complaint to;

Adult Social Services Department,
County Hall,
Martineau lane,
Norwich,
NR1 2SQ